



TEXAS HEALTH CARE NEWSLETTER

Texas Health Care was founded to allow doctors to be doctors.
Our priority is simple: provide quality care to our patients.



June 10, 2016

(Volume XIII, Edition 12)

Know Your Numbers

Texas Health Care PLLC with our carrier United Healthcare (UHC) and OptumHealth are pleased to announce our 2016 Biometric Screenings! If you are enrolled in our group medical plan through UHC, you are eligible to participate in our Annual Screening event.

Reserve space today by contacting the office representative listed below.

Make sure you sign up soon as space is assigned by appointment.



Don't be left out! Participate, RALLY Your Numbers and get rewarded!

Wednesday	July 20 th	11:30 - 2:30	Baylor OB Contact: Megan	1250 8th Ave., Suite 440; et al Phone: 817 939-4829
Thursday	July 21 th	1:00 - 4:00	Grant Waternberg Contact: Kay	1307 8 th Avenue, Suite 106 Phone: 817 335-8478
Friday	July 22 nd	9:00 - 12:00	Bone and Joint Contact: Melissa	1651 West Rosedale, Suite 200 Phone: 817 335-4316
Tuesday	July 26 th	9:00 - 12:00	BEKP Contact: Lisa	6100 Harris Pkwy, Suite 355 Phone: 817 433-5488
Wednesday	July 27 th	11:30 - 2:30	NTWHC Contact: Lynne	1141 Keller PKWY, Suite A Phone: 817 741-2601
Thursday	July 28 th	12:30 - 3:30	CDLBL Contact: Allegra	1622 8th Ave., Suite 110 Phone: 817 921-5448
Friday	July 29 th	10:00 - 2:00	Central Office Contact: Ashley	2821 Lackland Rd, Suite 300 Phone: 817 740-8400

Upon participating in the event, complete your online RALLY health assessment within the UHC website: www.myuhc.com and earn your coins for rewards!

RALLYSM

NEXTGEN
HEALTHCARE INFORMATION SYSTEMS

Nextgen upgrades on the way!

We know that with as much as has been going on this past year, it seems we have constantly been upgrading Nextgen. The reality is that we last did a serious upgrade to the Nextgen application in July of 2014 and our last KBM upgrade was September of 2014.

Our platform needs to be upgraded in preparation for the CMS mandated changes under MACRA for 2017. In order to be ready for these changes we will need actually to take two complete upgrades in both our basic application and our KBM – the clinical side – prior to mid-2017. We plan on an upgrade of our base application (from 5.8-UD1 currently to 5.8-UD2) in July of this year and will be upgrading our KBM this fall. The second set of upgrades will occur in mid-2017. Without these upgrades THC runs the risk of substantial penalties from CMS which will affect all of our livelihoods. There will be changes in all of our workflows and utilization patterns associated with these upgrades, but many of these changes are for the better.



Father's Day was inaugurated in the United States in the early 20th century to complement [Mother's Day](#) in celebrating fatherhood and male [parenting](#). This year we will be celebrating all fathers on June 19th.

Are You participating in the Flexible Spending Account (FSA)?

The following is a high level list of over-the-counter (OTC) items that clearly are not medicine or drugs and are eligible for purchase with Health Care FSA dollars.



Did you know that you can use your benefits card for these items?

Antiseptics, wound cleaners - Alcohol, peroxide, Epsom salt

Baby electrolytes - Pedialyte, Enfalyte

Denture adhesives, repair and cleansers - PoliGrip, Benzodent, Efferdent

Diabetes testing and aids - Insulin, Ascencia, One Touch, Diabetic Tussin, syringes, glucose products

Diagnostic products - Thermometers, blood pressure monitors, cholesterol testing

Elastics/athletic treatments - ACE, Futuro, elastic bandages, braces, hot/cold therapy, orthopedic supports

First aid dressings and supplies - Band Aid, 3M Nexcare, non-sport tapes

Eye care - Contact lens care

Family planning - Pregnancy and ovulation kits

Incontinence products - Attends, Depend, GoodNites for juvenile incontinence

Reading glasses and maintenance accessories

Hearing aid/medical batteries

Sunscreen (SPF 15 and over)

Red Nose Day is the universal symbol for people across the country to wear Red Noses for “Fun-raisers” to help kids who need it most.

Laugh. Give. Save a kid.

Folks at the Central Business Office made donations and participated by wearing their red noses for Red Nose Day 2016 (May 27th).



Red Nose Day (rednoseday.org) is a fundraising campaign run by the non-profit organization Comic Relief Inc. (comicroelief.org), a public charity. Red Nose Day launched in the U.S. in 2015, dedicated to raising money to help children who are most in need, both in the U.S. and in some of the poorest communities in the world. Last year it benefited children and young people in all 50 states and in 15 countries internationally.__(*Walgreens News Feed*)

The Red Nose Day Organization raised over \$31 million to help kids in need during this event.