



TEXAS HEALTH CARE NEWSLETTER

Texas Health Care was founded to allow doctors to be doctors.
Our priority is simple: provide quality care to our patients.

July 22 2016

(Volume XIII, Edition 15)

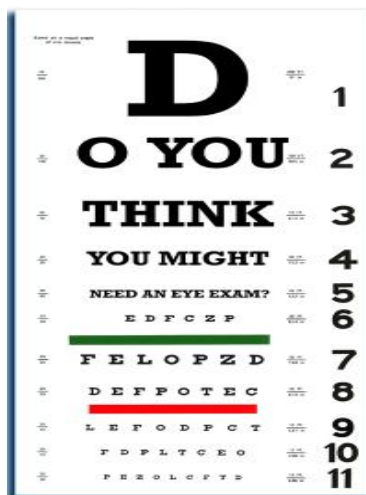
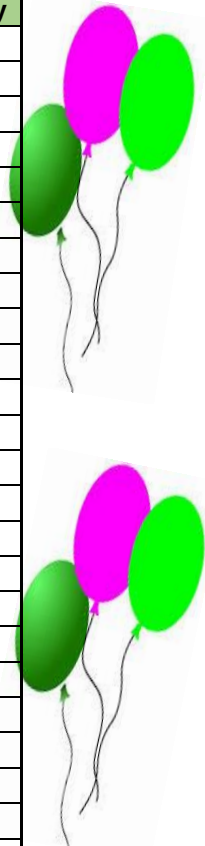
FINAL Reminder:

Our last meeting is scheduled for JULY 28th at the GRAND HALL at North Richland Hills Centre 600 Hawk Ave, NRH TX
Contact your office PTL if you have not attended a 2016 meeting.

Employee Name	day	Employee Name	day	Employee Name	day
Melissa Becerra	1	Angela Flores	13	Manoj Mathew	23
Debbie Cummins	1	Aurora Gonzales	13	Angela Summers	23
Kyung Lee	2	Paige Lyles	13	Kerri Cobb	24
Brenda Prentiss	2	Carolyn McDowell	13	Karen Collins	24
Tera Ray	2	Susan Dugger	14	Karan McElroy	24
Thinh Dam	3	Melissa Flores	14	Soledad Sierra	24
Carolyn Proulx	3	Janie Espinoza	15	Julia Sillers	24
Annelise Kutzler	4	Angelica Munoz	15	Nikkie Yanez	24
Danielle Geer	5	Patricia Thompson	15	Marisol Arellano	25
Betty Bachim	6	Karina Avitia	16	Cynthia Fowlkes	25
Norma Gallegos	6	Debra Chovanetz	16	Amber Manning	25
Donna McKeehan	6	Holly Goolsby	17	Holly Austin	26
Isamar Hernandez	7	Moriaha Hornbeak	18	Brittany Brinson	26
Barbara Buckley	8	Jamie Senter	18	Brittany Parker	26
Victor Ruiz	8	Lizzeth Valadez	18	Lourdes Saldivar	26
Lori Culpepper	9	Leonor Vargas	19	Alexis Soto	26
Jessica Martinez-Arriaga	9	Jessica Kuhn	20	Meagan Baumgardner	27
Cesily Pratt	9	Theresa Phariss	20	Kayce Gilman	27
Maria Wiedmann	9	Amanda Sallstrom	20	Iris Gutierrez	27
Sabrina Hernandez	10	Nicole Bolf	21	Allison Thompson	27
Remsey Nash	10	Amanda Holt	21	Kristin Montoya	28
Jennifer Strange	10	Phillip Phillips	21	Estella Nunez	28
Tasha Allison	11	Joann Petit	22	Antay Parker	28
Peggy Hawkins	12	Janet Webb	22	Andre Curtis	30
Lucero Ortega	12	Karen Kindler	23	Carolina Juarez Torres	31

August Birthdays

HAPPY BIRTHDAY



VISION: Have you had your vision exam this year? If you have elected vision as part of your benefits plan, you may use the card below to verify coverage for services.

Vision Benefit Card

UnitedHealthcare Vision®

TEXAS HEALTH CARE, PLLC.

Exam once every 12 months
Lenses once every 12 months
Frames once every 24 months
Contacts* once every 12 months
* (in lieu of lenses & frames)

Exam Copay \$10.00
Materials Copay \$25.00

UnitedHealthcare Vision®

www.myuhcvision.com

Customer Service: 800-638-3120
TDD for Hearing Impaired: 1.800.524.3157
Provider Locator: 1.800.839.3242

RALLY KNOW YOUR NUMBERS Screening Event
PARTICIPANTS WILL RECEIVE A \$75.00 GIFT CARD!



The KNOW YOUR NUMBERS Screening event has been in process this week with our final FOUR events concluding next week. If you have not signed up or attended one of the events below, please call one of the Office Contacts below to sign up as soon as possible.

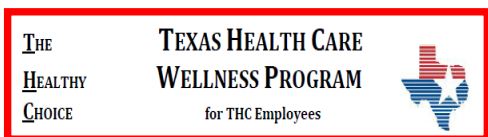
Make this our best attendance year ever!!

If you are enrolled in our group medical plan through UHC, you are eligible to participate in our Annual Screening event.

Reserve space today by contacting the office representative listed below.

TODAY	July 22nd	9:00 - 12:00	Bone and Joint Contact: Melissa	1651 West Rosedale, Suite 200 Phone: 817 335-4316
Tuesday	July 26th	9:00 - 12:00	BEKP Contact: Lisa	6100 Harris Pkwy, Suite 355 Phone: 817 433-5488
Wednesday	July 27th	11:30 – 2:30	NTWHC Contact: Lynne	1141 Keller PKWY, Suite A Phone: 817 741-2601
Thursday	July 28th	12:30 - 3:30	CDLBL Contact: Allegra	1622 8th Ave., Suite 110 Phone: 817 921-5448
Friday	July 29th	10:00 – 2:00	Central Office Contact: Ashley	2821 Lackland Rd, Suite 300 Phone: 817 740-8400

Upon participating in the event, complete your online RALLY health assessment. Link to your Rally account at www.myuhc.com and select your 75.00 Gift! (UHC will provide RALLY Information at the events.) -



Dental Exams for Children

"When should my child first see a dentist?"
 The short answer is "First visit by first birthday."
 That's the view of the American Academy of Pediatric Dentistry. Pediatricians agree. The American Academy of Pediatrics suggests that children who are at risk of early childhood cavities visit a pediatric dentist by age 1.

The idea of such early dental visits is still surprising to many new parents. However, national studies have shown that preschool-aged children are getting more cavities. More than 1 in 4 children in the United States has had at least one cavity by the age of 4. Many kids get cavities as early as age 2.

OTHER COLLECTIONS

The following employees collected for another THC Physician and competed for prizes in the month of June. Have you submitted your form this month for July Collections?



WINNERS

Theresa Richburg,
 Cecilia Serrano and
 Lucia Camacho

Office	Collected by:	Office	Collected by:
Fabuyi	Ailshie, Rachel	Fewins	Motley, Margaret
BEKP	Baird, Leslie	Mansfield	O'Sullivan, Nancy
T/D	Camacho, Lucia	CKC	Pena Hernandez, Cristina
P/M	Crawford Phillips, Sunny	HVMK	Pizana, Victoria
Dearden	Cummins, Debbie	Pratt	Prettyman, Paula
Rosenthal	Davila, Dominique	G/W	Richburg, Theresa
B-320	Frausto, Christina	WP OB	Robles, Esme
C/H	Garcia, Bernadette	HVMK	Serrano, Cecilia
B/T	Gutierrez, Leigh Ann	G/W	Solis, Imelda
Hulen OB	Hueso, Joan	WCGH	Toledo, Marla
B/T	Mathews, Stacye	Penn SX	Tubbs, Johnnie
Todd	McKeehan, Donna		