

Texas Health Care Newsletter



a Privia Medical Group North Texas

*Texas Health Care was founded to allow doctors to be doctors.
Our priority is simple: provide quality care to our patients.*

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January 20, 2017

(Volume XIV, Edition 02)

Tax forms (W-2, 1095-C) are scheduled to be mailed to your home address.

If you have moved, make sure that the Post Office has your forwarding address.



Happy February Birthdays

| Employee | day | Employee | day | Employee | day | Employee | day |
|------------------|-----|------------------|-----|--------------------|-----|------------------|-----|
| Valerie Davila | 2 | Konnie Vaughan | 11 | Alana Hoyt | 18 | Margaret Motley | 24 |
| Lora Fitzgerald | 2 | Karen Christian | 12 | Christina Burgess | 19 | Madison Mulloy | 24 |
| Tammy Ripper | 2 | Brenda Miller | 12 | Susan Keller | 19 | Vicki Foret | 26 |
| Heather Courcy | 3 | Anita Witter | 12 | Ashley Kennedy | 19 | Shakeel Sharif | 26 |
| Carrie Hammonds | 3 | Lorena Hendricks | 13 | Donna Leonard | 19 | Mallory Gregorio | 27 |
| Mary Salas | 3 | Carrie Lindsey | 13 | Rhonda Lopez | 19 | Sheryl Strother | 27 |
| Melissa Roberts | 5 | Angela Winstead | 13 | Jason Munford | 19 | DeVonne Tatum | 28 |
| Julisa Castro | 8 | Vicki Gapinski | 15 | Katy Cleek | 21 | | |
| Ana Garcia | 8 | Rhea Parker | 16 | Delisa Bolster | 22 | | |
| Kristen Hargrove | 8 | Polly Carlton | 17 | Katrina Bongji | 22 | | |
| Tami Foster | 10 | Rebecca Kaminski | 17 | Cathy Robles | 22 | | |
| Marivel Harris | 10 | Cathy Burgess | 18 | Elizabeth Davidson | 23 | | |
| Johanna Garcia | 11 | Jessica Cantu | 18 | Toni Phillips | 23 | | |



Announcing the “THC MIPS Challenge”

The Merit-Based Incentive Payment System (MIPS)

The “THC MIPS Challenge” is on!

Starting next week, THC will be having a contest to educate everyone about the changes and impact of MACRA and MIPS. You may have heard about MIPS. It is taking the place of many of the previous government programs (Meaningful Use, PQRS, etc) and it begins in 2017. We believe that educating everyone about MIPS is the best way to get ahead with any new government required process.



In order to make this education process fun and to get everyone involved, we have planned on a contest with prizes and you are included. Beginning next week, there will be a series of 4 articles sent out via e-mail for all THC doctors and employees. These articles will include the basics of MACRA/MIPS, the 4 main categories that are used to arrive out our MIPS score and specific actions that we need to take in order to be successful.

After all of the articles come out, there will be a short ‘test’ on MIPS for everyone to take.

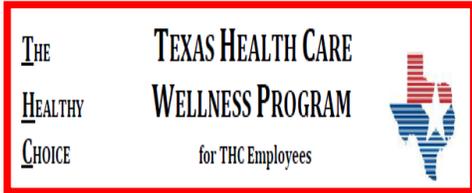
Everyone who participates by taking the ‘test’ will be included in a drawing for prizes.

There will be 5 winners from all who have taken the ‘test’ with awards of \$200 per winner.

There will be a separate drawing for the doctors in which there will be 2 winners. The 2 winning doctors will win a lunchtime party for their office staff at a date agreed to by the doctor and the staff.

Be watching your e-mail for the articles. Encourage your doctor to read the articles and take the test, too.

Let’s all get involved and learn about MACRA/MIPS and what it means to THC.



February is Heart Awareness Month!

Your cardiovascular system (heart, veins and arteries) are impacted by several factors, genetic and behavioral. Although you cannot change your biology, becoming aware of your risks and taking action to reduce your risks can significantly reduce your risk of heart disease.



Combining regular physical activity with a healthy diet, adequate sleep, effective stress management and avoidance of tobacco slashes your risk of heart disease and premature death dramatically.

Collections Incentive Program



The following employees collected for another THC Physician and competed for prizes in the month of December. [Have you collected and submitted your form this month for January?](#)

| Office | Collected by: | Office | Collected by: |
|-----------|--------------------------|---------|-------------------|
| BEKP | Baird, Leslie | WRL | Jones, Elizabeth |
| Samuelson | Bergren, Caitlin | Todd | McKeehan, Donna |
| Samuelson | Cline, Angela | Pratt | Prettyman, Paula |
| P/M | Crawford Phillips, Sunny | G/W | Richburg, Theresa |
| Dearden | Cummins, Debbie | WP OB | Robles, Esme |
| B-440 | Delgadillo, Myra | JPS-CBO | Rodriguez, Olivia |
| Ali | Garcia, Adriana | G/W | Solis, Imelda |
| PT Office | Gilman, Debbie | WCGH | Toledo, Marla |
| B-435 | Hernandez, Ana | Z/E | Wallis, Patti |
| Ali | Hicks, Maria | | |

December Winners: [Debbie Gilman](#), [Theresa Richburg](#), [Esme Robles](#) and [Maria Toledo](#)



CORNER (Texas Health Care, PLLC)



Enrolled in United Healthcare for your medical coverage? Don't forget that you can participate in the Wellness Program (UHC) "RALLY"

Achieving our health goals is a journey, and sometimes it's not easy. That's why we are thrilled to introduce **RallySM**, a UnitedHealthcare[®] digital health and wellness experience.

Rally can help you make simple changes to your daily routine, set smart goals and stay on target. After completing a quick and fun survey, you'll get personalized recommendations to get you moving more, eating better, feeling happier — and you'll have fun doing it.

As a member of UnitedHealthcare, you have access to Rally at no additional cost.

How Rally can help you:

- Discover your Rally Age — a way for you to measure your health
- Get personalized health tips
- Earn chances to win rewards for taking healthy actions
- Get full access to your personal health records



Enjoy all the benefits of Rally today. Get started at myuhc.com.