

# Texas Health Care Newsletter

a Privia Medical Group North Texas



Texas Health Care was founded to allow doctors to be doctors.  
Our priority is simple: provide quality care to our patients.

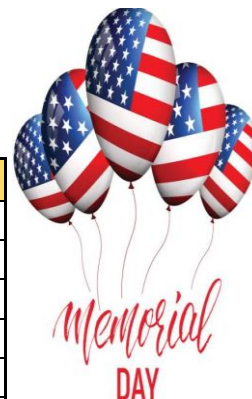
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May 26, 2017

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Holiday celebrated May 29<sup>th</sup>

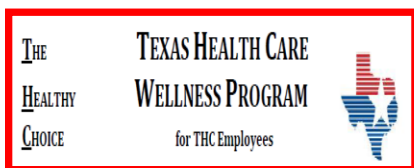


## HAPPY JUNE EMPLOYEE BIRTHDAY!

Employee	Day	Employee	Day	Employee	Day
Christine Allen	1	Sharla Owens	14	Stephanie Lusk	23
Misty Calegari	2	Kristine Autry	15	Edgar Reyther	23
Taylor Tucker	2	Dawn Garcia	15	Jessica Eshraghipour	24
Laurie Burke	3	Stephen Rieder	16	Colleen Hood	24
Raylett Eugene	4	Amy Medina	17	Reyna Mijares	24
Darlene Mathonican	4	Veronica Castillo	18	Joan Hueso	25
Hitomi Saso	4	Shaqula Lusk	18	Erika Rudolph	25
Susan Shockey	5	Yolanda Martinez	18	Sherri Whiting	25
Amy Atkins	6	Ashley Pittman	18	Jennifer Renfro	26
Alicia Alvarez	8	Maribel Ruiz	18	Amy Allemand	27
Dexie Desamito	8	Stacy Tinsley	18	Eva Garcia	27
Patrick Usery	10	Angela Cline	19	Hollis Hardman	27
Fabiola Ortiz	11	Marla Oconnor	19	Ricky Tiwater	28
Rosa Diaz	12	Dalia Perez Juarez	19	Vanita Ham	29
Cynthia Garcia	12	Alison Miller	20	Micole Warren	29
Martha Orona	13	Stacy Wagley	20	Toni Booker	30
Alejandra Villagomez	13	Patricia Dalton	22	Samantha Pulido	30
Christina Hurst	14	Viridiana Farias	22		



The two zodiac **signs** associated with the month of **June** are the Gemini and Cancer. For those born from **June 1st to June 20th**, they are members of the Gemini zodiac **sign**. Social, talkative and familiar with trends, the Gemini is one of the most outgoing zodiac **signs**.



Whether you are losing weight or simply maintaining your healthy goals our United Healthcare Medical Plan has a plan for you!

A simple, step-by-step program that helps you lose weight without turning your life upside down.

**Enroll now at [uhc.realappeal.com](http://uhc.realappeal.com) to get this program for FREE!\***

### Free Success Kit:

Everything you need to kick-start your weight loss and keep yourself on the road to results! Your kit will be delivered right to your front door. It includes:

- Step-by-step Success Guides
- And much more
- Nutrition guide
- Fun and easy workout DVDs
- Quick and simple recipes

### Personalized weight loss coaching.

Your coach will guide you through the program step by step, customizing it to fit your needs, preferences and goals. Plus, you can access your coach for an entire year so you'll have all the support and motivation you need whether you're losing weight or simply maintaining your results.





## Helpful Hints

We are continuing to evaluate and determine what we can do to make workflow improvements..

### RANSOMWARE – (contributed by WBHamlin)

You've probably already heard news about the escalating WannaCry ransomware attacks during the past two weeks. These attacks are real and have already wreaked havoc around the world, most notably by taking the [UK's National Health Service offline](#) .

Ransomware is malicious software that encrypts or removes access to computer files until a ransom payment is made. Average payments can range from \$300 - \$15,000+, to recover your files, if you are allowed to recover them at all.

CryptoWall, CryptoLocker, TeslaCrypt, Samas, Locky, WannaCry – average 1,000 new variants daily.

Ransomware is the fastest growing malware threat, targeting users of all types—from the home user to the corporate network. On average, more than 4,000 ransomware attacks have occurred daily since January 1, 2016. This is a 300-percent increase over the approximately 1,000 attacks per day seen in 2015.

The following tips are recommended, not only at work, but on your home computer as well.

- Keep patching current - Leave your computers on every night. IT patches computers after hours. Powered off computers will not have the latest patches
- Do not open attachments or click links in email from anyone you don't know, or even when you know the sender but the message looks suspicious - examine the message header and signature to see if anything looks out of place. When in doubt, call the sender to verify
- Do not use USB or portable drives to move information - share files through tools like Google Drive that is a secure part of your G Suite account.

As always, using your favorite browser search - computing best practices, ransomware tips for end user, or tips to stay safe online - for additional information.



Congratulations to the following employees reaching their entry into the 401k Plan!!!



### Quarter Plan Entry - Congratulations for reaching your one year milestone!

**When completing online registration, don't forget to set up your beneficiary!**

**401k Plan Entry and will be entered into our plan at 4% deferral July 1<sup>st</sup>**

You can view online status, make changes to your account and set up your beneficiary information online at your

personal portal at the Transamerica website [www.trsrretire.com](http://www.trsrretire.com)

Name	Location Description	Name	Location Description
Alicia Alvarez	Torres/Diaz	Carrie Lindsey	Colleyville
Kristina Brown	Pratt, Christopher	Julia Lipowski	Pennsylvania Ave
Ana Cruz	OB Baylor #320	Ashley Mallen	Bone & Joint
David Cummings	Physical Therapy	Abigail Mier	Southwest Ob
Meranda Fabela	Wroten/Rear/Lesley	Keaghan Moore	OB Baylor #440
Cynthia Foster	Stroman/Broker/Kane	Moustafa Mourad	Pennsylvania Ave
Adriana Garcia	ALI, TAHIR	Brenda Prentiss	CDLBL
Amberlee Green	Har/Var/Mc/Ka	Kelsie Pruett	Wroten/Rear/Lesley
Rachel Griffith	Pennsylvania Ave	Stephen Rieder	Physical Therapy
Madison Hanlan	Wroten/Rear/Lesley	Jeneva Rivera	FW Anesth (R/R)
Souksavanh Harris	NTWHC Keller	Kristi Salinas	N Beach OB/GYN
Bonnie Hart	Anthony/Dean	Melissa Seaver	Wroten/Rear/Lesley
Ashley Kennedy	OB Baylor #430	Jennifer Strange	OB Baylor #320
Dawn Lane	CBO-JPS	Daisy Wyatt	Hammonds

Unless deferral is elected at a different percentage rate or the employee chooses to opt out of the automatic enrollment feature **prior to June 30<sup>th</sup>** employees identified will be added to the plan for an automatic percentage rate of 4% on the first payroll check in July.

For assistance, contact Transamerica at 800/755-5801 or our Lawing Financial Consultant -Dion Nickel at 469/264-1187